REOPENING RI

Tips for a safer Halloween

Staying home and avoiding contact with people you don't live with is the best way to protect yourself and others from COVID-19. If you risk trick-or-treating this year, follow these tips to help lower the chances of catching and spreading COVID-19.

Safer activities and trick-or-treating

- **Trick-or-treat and celebrate only with people you live with.** Any time you're near people you don't live with, wear your mask and watch your distance. Do not host or attend a Halloween party.
- **Stay home and do not hand out candy if you have COVID-19 symptoms,** if you may have been exposed to someone with COVID-19, or if you are in quarantine or isolation.
- **Trick-or-treat before dark** so you can keep a safe distance from other trick-or-treaters.
- **Use hand sanitizer** before and after choosing pumpkins or picking apples.
- **Remember the 3 Ws!**
  - ◆ **Wear a mask** that's at least two layers thick and fits snugly but comfortably over your nose, mouth, and chin without any gaps.
  - ◆ **Wash your hands** often with soap and water for at least 20 seconds. Or carry and use hand sanitizer that's at least 60% alcohol.
  - ◆ **Watch your distance** by staying at least six feet apart from others.
- **Trick-or-treating tips**
  - ◆ Leave individually wrapped goodie bags lined up at least six feet from your door for kids to grab and go. Do not hand out candy from a bowl.
  - ◆ Go trick-or-treating with your children to make sure they do it safely.

Safe Halloween-themed activities

- Take part in an online pumpkin carving or costume contest.
- Display Halloween-themed decorations in your home or yard.
- Organize a neighborhood contest for outdoor Halloween-themed decorations.
- Plan a Halloween scavenger hunt for people you live with.
- Decorate your own Halloween or fall-themed face masks.
- Prepare a Halloween-themed meal or bake Halloween treats for people you live with.

Safe Halloween costume masks

- **A Halloween costume mask alone will not protect you and others from COVID-19.**
- Wearing a costume mask over a protective face covering can be dangerous if the costume mask makes it hard to breathe.
- The safest option is to wear face paints and a Halloween-themed protective face covering.

Find more tips for safely celebrating Halloween, Día de los Muertos, and other holidays at www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html

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